

PROVERBS: HEART

Proverbs 4:23

1. Keep your heart _____.

2. For from your heart flow _____.

3. Take deliberate action to _____.

Review & Study

PROVERBS: HEART

- A. Continue to practice quoting **Proverbs 1:7**: *The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction.* ^{ESV}
- B. Answer the following questions about **Proverbs 4:23-27**:
 1. Who were the words recorded in this passage originally spoken by? To whom were these instructions originally addressed? Should you take these instructions to heart as well?
 2. What does the term translated as “heart” in verse 23 refer to? What does it mean to “keep (guard, watch over) your heart?” How does it say that you should do this? What reason is given as to why you need to keep your heart and what does this mean?
 3. What two directives does verse 24 give? What are the differences between these two actions? How will doing these things benefit you as you seek to keep your heart with all vigilance?
 4. What does verse 25 tell you to do, and what do you think this means? What might tempt you to look elsewhere? How will looking directly forward benefit you as you seek to keep your heart with all vigilance?
 5. What does verse 26 instruct you to do? What is this calling for and how might this be different than what you would naturally do? How will pondering the path of your feet benefit you as you seek to keep your heart with all vigilance?
 6. What is the first command in verse 27? What path is this in reference to? What might tempt you to swerve to the right or to the left? What is the second command in this verse? What might this look like in your life? How will doing these things benefit you as you seek to keep your heart with all vigilance?
- C. Answer the following questions about **Philippians 4:8-9**:
 1. According to verse 8, what kinds of things are you to think about? What kinds of thoughts do not fit the qualities of this list?
 2. What does Paul give in verse 9 as the kinds of things to practice? What kinds of practices do not fit the qualifications of this list? What will occur when you practice these things?
- D. Application:
 1. How well would you say that you are keeping your heart with all vigilance? Are there any evil thoughts or images getting in?
 2. How might the LORD want you to pray about this?